### IMPORTANT UPCOMING DATES

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE/TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holiday Luncheon</td>
<td>December 7 @ 11:30am-1:00pm</td>
<td>Gardner Center Ballroom</td>
</tr>
<tr>
<td>Fall Semester ends</td>
<td>December 7</td>
<td></td>
</tr>
<tr>
<td>Spring Semester begins</td>
<td>January 7, 2019</td>
<td></td>
</tr>
<tr>
<td>Martin Luther King Day - no classes</td>
<td>January 21, 2019</td>
<td></td>
</tr>
<tr>
<td>Presidents’ Day – no classes</td>
<td>February 18, 2019</td>
<td></td>
</tr>
<tr>
<td>Spring Break – no classes</td>
<td>March 11-15, 2019</td>
<td></td>
</tr>
<tr>
<td>Spring Luncheon</td>
<td>March 22, 2019 @ 11:30am-1:00pm</td>
<td>Gardner Center Ballroom</td>
</tr>
<tr>
<td>Instructor/Volunteer Appreciation Luncheon</td>
<td>April 9, 2019 @ 11:30am-1:00pm</td>
<td>Gardner Center Ballroom</td>
</tr>
<tr>
<td>Spring Semester ends</td>
<td>April 12, 2019</td>
<td></td>
</tr>
</tbody>
</table>
A MESSAGE FROM THE DIRECTOR

I can’t believe the semester is almost over! Classes end on December 7th. We will break for the holidays. The office will be closed on December 14th, but the ICL team will be preparing for Spring Semester, working at a frenetic pace to bring you an incredible lineup of classes! (Ok, we know Spring Semester is really mostly in winter (January through mid-April) Why do we call it “Spring Semester” then? It must be a Dixie tradition.)

Just as we did in Fall Semester (which really is in the fall), we will be offering new classes and bringing back favorites, all refreshed and ready to enlighten and entertain. Some of these classes are so new, they aren’t even in the catalog, so we’ve provided a brief description in this newsletter. We have also included a listing of all the spring classes. We won’t be able to provide schedule and class location information until DSU grants us scheduling access to on-campus classrooms.

Thanks to all of you who have graciously responded to our many surveys and stopped by the office to provide feedback. We hope you see a reflection of your recommendations in the ICL program as it moves forward. One thing is clear from our surveys - ICL members have varied interests! For that reason, we expanded our class offerings over a wide variety of topics. We have new classes in science, history, and art in particular.

Social events are also an integral part of ICL. We are a community, and as a community, need the opportunity to come together in a social setting. We will be looking for more affordable social events. As always, your suggestions are encouraged.

Speaking of suggestions, we received strong feedback that the holiday luncheon is too expensive. Believe it or not, this doesn’t even cover our costs, which have risen significantly. But, this is a very important social event, so ICL is going to cover more of the costs. THE LUNCHEON FEE HAS BEEN REDUCED TO $15.00 PER PERSON IF YOU PURCHASE BY DECEMBER 3RD. AFTER DECEMBER 3RD THE PRICE WILL RETURN TO $20 TO COVER ADDITIONAL COSTS FOR SENDING IN LATE PARTICIPANT COUNTS TO DIXIE. IF you have already paid $20, please stop by the ICL office to be reimbursed the difference.

One of our new, very popular events is the Geology Field Trip. This was a huge success last year, and we know it will be an extraordinary experience again this spring. Doug Bowen, ICL Vice President, has done a lot of work to make this an incredible, affordable experience. Make sure your read about it in this newsletter. You will learn more about this in our January newsletter and on our website. Enjoy the Haiku from last year’s participants along with fall pictures.

Thank you again for your support and your feedback. And most of all, thank you for your friendship.

-Rob Kramer

DISCLAIMER
The opinions and views expressed by ICL instructors or presenters are those of the individual instructor or presenter, who are solely responsible for the content of their courses, seminars, lectures or field trips. ICL does not endorse any specific content. Members are responsible for: (1) independently evaluating the information given and the opinions expressed, and (2) for acting upon this information and opinions in their own best interests. No ICL instructor or presenter is allowed to solicit business or sell a product in which they have a vested interest through ICL.
These are classes that are so new they are not even in the catalog. Check the Spring Class listings in this newsletter to see other new classes described in the catalog and the entire spring listing. If you need a catalog, stop by the office or find it online here: https://icl.dixie.edu/course-catalog/

ARIMIJO’S OLD SPANISH TRAIL: SANTA FE TO LOS ANGELES

Armijo undertook the first commercial horse and mule caravan from New Mexico to California, which became the Old Spanish National Historic Trail. The class will focus on the locations and the landscape, which is in close proximity to the highways from St. George to Santa Fe and from St. George to Los Angeles. You will get to see what Arimijo saw along the way.

LATIN AMERICAN BOOM LITERATURE

One of the most significant phenomena of the mid-20th century in Latin America was the emergence of writers who propelled Latin American literature to the international scene. In addition to being great literature, these works also help us understand some of the cultural bases of today’s Latin America. Many of their works became household names, even among English speakers.

This course will explore the “Boom” and its historical/literary context from about 1950 to 1980. Participants will read two novels and several short stories. Students will need to obtain copies of the following three novels, either in Spanish or English (class discussions will be in English):

- Blow Up and Other Stories (Julio Cortazar, Argentina)
- The Death of Artemio Cruz (Carlos Fuentes, Mexico)
- 100 Years of Solitude (Gabriel García Marquez, Colombia)

HISTORY OF CHRISTIANITY: FIRST 500 YEARS

This is an informative journey back through history to the origin of Christianity and its first 500 years. It will include the historical Jesus and his mission, establishment of the Christian church, the Apostolic Fathers and Constantine.

GLOBALIZATION AND DIVERSITY: GEOGRAPHY IN A CHANGING WORLD

Exploration of global trends in technology, society, economy, politics, environment, demography and human settlement that are driving changes affecting our lives today. The class will evaluate the trends by considering regional case studies from around the world and discussing how those trends affect life in Utah today and may affect the next generation.

CHINA: ITS RISE AND IMPLICATIONS FOR THE U.S.

This class will examine the key elements underpinning China’s rise as the world’s second largest economy, and its status as a great power. You will learn about the facets of China’s “hard” and “soft” power. The class will weigh the concomitant strengths and vulnerabilities of China and the U.S. and suggest what pathways China and the U.S. may take in the future.
LATIN IS FUN (REALLY)

More than 65% of the English language consists of Latin and Greek. Even though English is a Germanic language, English words of two or more syllables are usually Greek in origin. If you love learning about words and expanding your vocabulary, this is the class for you! You will exercise your brain through practicing deductive reasoning and critical thinking as you learn about the Greek alphabet, learn Latin and Greek root words, Latin phrases, and the history of Latin-based English words.

RADIO AND ITS EVOLUTION: FROM “THE SHADOW” TO SHOCK JOCKS

Do you remember “Fibber McGee” and “The Shadow?” Or was your era Wolfman Jack and Casey Kasem? Perhaps you listen now to “The Grand Ole Opry” or “Wait, Wait Don’t Tell Me”.

For nearly 100 years, radio has been entertaining, informing and helping in times of crisis. This multi-media course will explore the rich and dynamic history of the world’s first electronic media. You will travel through the birth and occasional growing pains of radio and enjoy audio clips from famous radio shows.

NATIVE AMERICAN PLANT USES

Judging by the popularity of ICL’s Fall Native American History, and Continuing Education’s, Southwest Archaeology classes, there is a lot of interest in the history and culture of indigenous peoples who populated the southwest over thousands of years. The class will discuss the myriad uses of plants: food, medicine, clothing, ceremonial, clothes, housing, tools and weapons.

Kaye “Feather” Robinson, will paint vivid impressions of the Native American life and their ingenious uses of the bushes, flowers and trees that are still all around us. Their day-to-day lives will come alive as you see how they used plants for food, medicine, vessels, tools, weapons, clothes, musical instruments, dwellings and so much more! Feather will bring real-life examples for the class to see and touch.

THE TEN COMMANDMENTS, AND JEWISH LAWS: ALL 613 JEWISH COMMANDMENTS

This class will survey the evolution of Jewish basic beliefs and commandments. Special attention will be paid to the main laws specific to the culture and historical conditions that helped shape these Jewish laws as well as their relevance to modern life.
**SO YOU WANT TO WRITE A NOVEL**

This class is an introduction to novel writing, designed for the non-professional: the recreational writer who has the desire, but not the tools.

In this class you will cover the entire spectrum of the novel writing process including: how to choose a topic, the anatomy of a novel, the mechanics of putting it on paper and the challenges and options to getting it published.

**U.S. AND CONFLICT IN THE MIDDLE EAST**

This class will examine the history of relations between the U.S. and several key countries in the Middle East including Iran, Turkey, Egypt, Saudi Arabia, Iraq, Syria, Jordan, Lebanon and Israel. The class will examine the current relationship status of these countries with the U.S., especially key issues and causes of conflict.

**UNPACKING THE NEWS**

This class will address the problem of gleaning useful knowledge from the news, as opposed to being manipulated by political, commercial, and sensationalistic forces that shape the various sources of news. It will address the problem of information sources and how to evaluate their validity, how to sort out reporting bias, and how to help inoculate ourselves from personal bias in order process the news more objectively.
DECEMBER HIKES SCHEDULE

GREEN VALLEY GAP
Saturday, December 8, 10:00 am
Leader: Frida Theros 435.632.1552
Moderate, about 4-5 miles, some scrambling and navigating boulders. “social” pace. About 3 hours.
Meet at Star Nursery, (1335 S. Dixie Drive, St George) then all drive to the trail head together.

GOULD’S WASH BOTTOM UP (3 FALLS CANYON)
Thursday, December 13, 10:00 am
Leader: Tim O’Brien 920.445.1313 and Frida Theros 435.632.1552
Moderate 3 miles
Meet Tim and Frida at Hurricane Heritage Park, 50 South Main St. in Hurricane, (Parking lot behind Museum on West side of Main St.) We leave in car caravans from there and drive on city streets 1 mile to trailhead at 3 Falls Parking area at the base of Hurricane cliffs where the canal crosses Gould wash.

This is a short hike with a very steep loose rock ascent at the beginning of the hike climbing 200 ft, but no exposure, just very steep. Little elevation gain thereafter as we proceed up canyon 1.5 miles to a box canyon pour-off. Plan on uneven, rock-strewn footing with abrasive rocks and boulder hopping in the canyon bottom where balance and sure footing is at a premium. Bring Hiking poles and sturdy hiking boots and gloves. Total elevation gain about 300 feet.

Great views of 3 waterfalls and tall canyon walls that frame vistas of the Pine Mountains in the distance.

We will move at a slower pace due to the uneven rocky trail so we can look for fossils along the canyon bottom.

Much of the hike will be in the shadow of the canyon walls, so bring an extra layer for possible canyon breezes. We will have lunch below the 200 foot pour-off at canyon end, which is directly below our turnaround point above the falls on our November 29 upper Goulds wash hike. We retrace our path 1.5 miles down canyon to where we parked. Anticipate total time on trail to more than 3 hours.
GILA TRAIL PETROGLYPH HIKE
Thursday, December 20, 10:00 am
Leader: Tim O’Brien 920.445.1313
Moderate 3 mile hike to 3 Petroglyph sites near Gila Trail in Snow Canyon.
Meet at North Plaza Bldg, west side, prior to 10am. We will car caravan to trailhead just off hwy 18 on 4200 N.

We will take a leisurely pace. Plan on some sandy sagebrush areas before we drop down into several steeply slanted slickrock stretches on the Gila trail visiting 3 petroglyph sites. Also there are several steep slickrock stretches along the Gila trail to the final petroglyphs inside a short slot crack in rock wall. We will climb a ramp south and east out of the slot canyon and cross country back to the trail head climbing about 200 ft. Total elevation changes for entire loop about 400 feet with a lot of short ups and down. Very scenic views of Snow Canyon and the maze of canyons and sandstone fins in that area.

Sturdy, grippy hiking shoes are a necessity with gloves and a hiking pole recommended. Dress appropriately for the weather and maybe an extra layer as that area can be much windier than in town. Bring enough water and snacks for what should be about a 2.5 hour hike.

As an option after the hike we will stop at Costa Vida in Sunset Plaza for a casual lunch.
2018 ICL SCHOLARSHIP RECIPIENTS

We at ICL want to thank everyone who has so generously donated to our scholarship fund. We awarded four scholarships this year.

A little about the recipients:

Emily Garnett is working toward a bachelor’s degree in Criminal Justice with an emphasis in Criminology. She is also working on two minors in Art and Social Justice. She plans to join the military and work her way to a Criminal Investigations Special Agent. She will work toward her Master’s degree and someday work with the FBI, especially, on behalf of special victims. She has big plans and, I think she will fulfill her plans.

Connor Brown’s goals involve a Biomedical Science degree, followed by dental school and hopefully, a specialization in orthodontics. He is working hard to achieve his goals and also takes time to give back and serve in the scouting program and to volunteer in the high school as a coach and mentor.

Whitley Welch’s greatest goal is to earn a Bachelor’s Degree in Biology with a biomedical emphasis. She wants to become a Physician Assistant through the Master’s program. She is a volunteer at the St. George Doctor’s Volunteer Clinic. She is happy to share the knowledge she has gained in the medical field with others and grow in charity and understanding toward others.

Beatrix Giron-Dominquez is a first generation, non-traditional and parent student. She is working on a BA in Spanish with a minor in Biology. Her goal is to become a Physician’s Assistant. She has been a part of DSU’s Multicultural and Inclusion Center (MIC). Beatrix has volunteered in health related events offered at DSU as an interpreter and organizer.

We plan to introduce these outstanding students to the members of ICL at our luncheon on December 7 and give you the opportunity to visit with them in person. We hope to see you at the wonderful holiday luncheon.

ICL MEMBERSHIP FUNDRAISING CRUISE!

7 day West Coast Cruise March 10, 2019 from Los Angeles to Monterey and San Francisco on the Ruby Princess Escorted by Gary Sorensen

HURRY AND RESERVE YOUR PLACE BEFORE CABINS FILL UP!

To Book call Morris Murdock Travel 628-3633 • 595 South Bluff Street, St George
HOLIDAY LUNCHEON

If you have already paid $20, please stop by the ICL office to be refunded the difference.

Tickets are on Sale Now for the Holiday Luncheon!

Time: December 7th at 11:30 am in the Gardner Center Ballroom.
Price: $15
Deadline to buy tickets is November 29th.
Pick up tickets at the ICL Office.

The Holiday Luncheon is one of ICL’s most popular events. It is a great opportunity to spend time with your ICL friends and make new friends as well.

The entertainment is something you won’t want to miss – Max the Magician will fascinate us with his illusions! Max has loved magic from a very early age. As a teenager Max was president of the Intermountain Magicians Association 2 years in a row. He has taken home first place in Stage, Parlor and Close Up categories in magic contests.

Check out the incredible menu; then stop by the ICL office to buy your tickets.

Menu

- Hors d’oeuvres: Hot wassail, relish tray and dip
- Salad: Tossed green salad with Ranch or Lemon Vinaigrette Dressing; or Cranberry Fluff Salad
- Starch: A variety of dinner rolls with butter
- Vegetables: Candied baby carrots and baby red potatoes
- Meat: Carved roast baron of beef and carved pork tenderloin
- Dessert: Homemade carrot cake with cream cheese frosting; and pumpkin pie

Please let the ICL office know if you have any special dietary needs.

FINAL FALL LECTURE

Thursday, December 6th at 7:00 - 8:30 p.m.
Udvar-Hazy Building 121

Presenter Ron Smith will be speaking about The Intelligence of Crows and Ravens. This Lecture is open to the public. Please invite your friends!
MONDAY

Tennis
8:00-10:00 am Tonaquint Courts
Mon. & Wed.

Botany Field Trips
9:00 am-4:00 pm Off Campus
12/3: See Below

Discovering the Tao Te Ching
10:00-11:30 am TLR 349

Table Tennis
10:00-11:30 am Gym 206 (N Balcony)

Bicycle Maintenance (session 1)
10:00 am-12:00 pm 70 W St. George Blvd.

Opera for One and All
10:00 am-12:00 pm TLR 352
12/5: La traviata
12/15: Met Broadcast

Native American History
1:00-2:30 pm TLR 349

Piano 2B
1:00-3:00 pm PAB 111
Book required (Adult Piano Adventures All-In-One Lesson Book #2)

Spanish - Conversational
1:00-2:30 pm NPZ 138

History of Utah
2:00-3:00 pm BROWN Dunford

Bicycle Maintenance (session 2)
2:00-4:00 pm 70 W St. George Blvd.

Foundations of Modern Science
7:00-8:00 pm SNOW 208

TUESDAY

Pickleball Practice Session 1
9:30-11:00 am GYM 201 (S balcony)
Bring paddle

Somatic Yoga 1
9:30-11:00 am WEDU 126

Mindset of Happiness & Joy
11:00 am-12:30 pm PAB 124

Pickleball Practice Session 2
11:00 am-12:30 pm GYM 201 (S balcony)
Bring paddle

The Vietnam War
1:30-3:00 pm BROWN Dunford

Gratitude - Key to a Happier
& Satisfying Life
2:00-3:00 pm WEDU 205

Greek and Roman Mythology
2:00-3:30 pm NPZ 137

Folklore & Mythology
3:00-4:00 pm UHB 220

Spanish - Conversational
3:30-5:00 pm WEDU 133
req. 1 year of French

Kundalini Yoga
7:00-8:30 pm WEDU 125
Bring mat

BOTANY FIELD TRIP

RED HILLS DESERT GARDEN, KAYENTA ARBORETUM, AND SANTA CLARA ARBORETUM

Monday, December 3 Time: 10:00 am - 2:00 pm
Meet at parking lot on the west side of North Plaza Building (900 E. 100 S.)

On this field trip you will visit three local arboretums: Red Hills Desert Garden, Kayenta Arboretum, and Santa Clara Arboretum. Each of these arboretums offer excellent examples of plants native to this area. Enjoy lunch together afterwards.
## WEDNESDAY

<table>
<thead>
<tr>
<th>Course</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tennis</td>
<td>8:00-10:00 am</td>
<td>Tonaquint Courts</td>
</tr>
<tr>
<td>Western Philosophy</td>
<td>9:00-11:00 am</td>
<td>TLR 349</td>
</tr>
<tr>
<td>Table Tennis - Intermediate</td>
<td>10:00-11:30 am</td>
<td>Gym 206 (N Balcony)</td>
</tr>
<tr>
<td>Emergency Preparedness</td>
<td>11:00 am-12:00 pm</td>
<td>WEDU 205</td>
</tr>
<tr>
<td>Civil War - The Middle Months</td>
<td>11:30 am-1:30 pm</td>
<td>TLR 349</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Art and Science of Life Long Learning</td>
<td>11:30 am-12:30 pm</td>
<td>WEDU 135</td>
</tr>
</tbody>
</table>

### Piano 2-3
1:00-3:00 pm PAB 111
Book required (Adult Piano Adventures All-In-One Lesson Book #2)

### Tapping to Health & Wellbeing
1:00-2:30 pm WEDU 205

### Drawing - Beginners Art (Graphite)
1:00-3:30 pm NPZ 138

### Spanish - Advanced
1:30-3:00 pm NPZ 137

### Mac, iPhone & iPad User Class
3:00-5:00 pm UHB 220

### Music Appreciation
3:00-4:00 pm UHB 230

### Physics and the World Around Us
3:00-4:00 pm WEDU 107

### Flamenco Dance Level I - Beginning
5:00-6:30 pm WEDU 126

### Flamenco Dance Level II - Intermediate
6:30-8:00 pm WEDU 126

## THURSDAY

<table>
<thead>
<tr>
<th>Course</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Somatic Yoga 2</td>
<td>9:30-11:00 am</td>
<td>WEDU 126</td>
</tr>
<tr>
<td>Amazing Religious Figures from History</td>
<td>9:30-11:00 am</td>
<td>TLR 339</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>From Street Fairs to World Class Museums</td>
<td>11:00 am-12:00 pm</td>
<td>TLR 349</td>
</tr>
<tr>
<td>Israel: Go-Know! Ancient Times to Modern Era</td>
<td>11:00 am-12:30 pm</td>
<td>SCI 115</td>
</tr>
</tbody>
</table>

### Native American Flute - Beginning
10:30 am-12:00 pm PAB 124

### Native American Flute - Intermediate
12:30-2:00 pm ECCLES 155

### Favorite Books
1:00-2:30 pm SNOW 208
12/6: *The Namesake*

### Love One Another
1:00-2:30 pm TLR 158

### Traveling the World
1:00-2:30 pm SCI 115
12/6: Canadian Rockies Rail Journey

### Wood Burning Art
2:00-3:30 pm SCI 116

### Digital Photography
3:00-4:00 pm UHB 121

### Lecture Series
7:00-8:30 pm UHB 121
12/6 Only

## FRIDAY

<table>
<thead>
<tr>
<th>Course</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knitting &amp; Crocheting - Beginning</td>
<td>1:00-2:30 pm</td>
<td>WEDU 136</td>
</tr>
<tr>
<td>Knitting &amp; Crocheting - Intermediate</td>
<td>2:30-4:00 pm</td>
<td>WEDU 136</td>
</tr>
</tbody>
</table>

Bring paper & pencil for notes
ICL PURPOSE
To provide a community of study and learning within the college community wherein retired and semi-retired persons desiring to continue their intellectual pursuits and activities and participate in college courses and special events may have the opportunity to do so at minimal cost and in accordance with their special needs and interests.

ICL Executive Officers
President: David Zundel
Vice President: Doug Bowen
Treasurer: Dean Barker
Director: Rob Kramer
Secretary: Daphne Schroth
Office Manager: Julie Noggle
DSU Representative: Dr. Nancy Hauck, Associate Provost

Institute for Continued Learning
Dixie State University
658 East 200 South
St. George, UT 84770

Office Hours:
9:30 – 2:30
Monday Through Thursday
Phone: 435.652.7670

Learn more at: https://icl.dixie.edu/