# Important Upcoming Dates

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE/TIME</th>
<th>LOCATION</th>
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</thead>
<tbody>
<tr>
<td>ICL Office Closed</td>
<td>Now through January 2, 2019</td>
<td>Icl.dixie.edu</td>
</tr>
<tr>
<td>Online membership &amp; unlimited enrollment class registration</td>
<td>December 21, 10:00 am</td>
<td>Click Register Button</td>
</tr>
<tr>
<td>Limited classes open for online registration</td>
<td>Jan 2 @ 10:00 am</td>
<td>Icl.dixie.edu</td>
</tr>
<tr>
<td>In-Person membership &amp; all classes registration Event</td>
<td>Jan 2 @ 10:00 am – Noon</td>
<td>North Plaza Bldg, 137, 138 (1000 E 100 S)</td>
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<tr>
<td>Ongoing In-Person Registration</td>
<td>January 3 during Office hours</td>
<td>ICL Office (658 E 200 S)</td>
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<tr>
<td>Classes Start</td>
<td>Jan 7</td>
<td>Gardner Center Ballroom</td>
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<tr>
<td>Holiday - no classes</td>
<td>Jan 21 &amp; Feb 18</td>
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<tr>
<td>Spring Break - no classes</td>
<td>Mar 11-15</td>
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<tr>
<td>Spring Luncheon</td>
<td>Mar 22</td>
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<tr>
<td>Classes End</td>
<td>April 12</td>
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<tr>
<td>ICL office closed for summer</td>
<td>April 19</td>
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A MESSAGE FROM THE PRESIDENT

Dear Members:

It is the season of Joy and Thanksgiving! Last time I wrote, I thanked the office staff and volunteers and barely mentioned the ICL Council. I want those who are members of ICL to know that we have an outstanding Council that works hard behind the scenes to create a great program. I have room this month to thank and mention a little about each member of the Executive Committee of the Council.

Doug Bowen, vice president, has been on the Council longer than I have and should really be the president this year, but deferred because he felt I was more diplomatic. I asked Doug to continue to help since he is not a “yes” man and is not afraid to oppose me if he thinks I am heading in the wrong direction. He is a doer! He organized the geology field trip last spring that was extremely successful. We need more people like Doug Bowen in our world.

I asked DeeAnn Bassett to take over the role of strategic planning committee chair because Karel Dutton, our past president, wouldn’t be available this year. In the past, DeAnn served two years as president. She and her committee are doing a fabulous job preparing for our 40th year anniversary and beyond. DeAnn, Dr. Rob Kramer, and Daphne Schroth all have professional experience in strategic planning.

Since Daphne Schroth serves with me on another community board, I knew of her capabilities and that she would be an asset to ICL. She also serves as current president of the Dixie Water Color Society. As our Council secretary she brings an enormous amount of expertise to contribute to ICL.

Dean Barker, who has served as treasurer for over 10 years, plans to resign at the end of this academic year. That will be a tremendous loss for ICL and I will feel it as acutely as anyone on the Council. Dean is a gentleman and a professional. He has kept us solvent and has cautioned us about doing things that could be detrimental to our association. He is greatly appreciated and will be sorely missed.

In future letters, I will have the opportunity to thank the rest of the Council. They all contribute to the success of ICL and we all should thank them for their contributions. One last person I need to recognize is Dr. Nancy Hauck, our liaison with Dixie State University. She is a marvel! I don’t think I have ever met someone as effective as Nancy. We could not have asked for a better advocate and advisor than Dr. Hauck. Thank you Nancy for all you do on behalf of ICL.

David Zundel
WELCOME TO ONLINE REGISTRATION!

Seventy-four percent of you voiced a preference for online registration. For those of you who need help, come to a registration event at North Plaza (1000 E 100 S) Rooms 137 & 138, between 10:00 am and Noon on January 2nd. Free parking during registration. Everything can be done online: membership registration and payment, immediate access to class information and schedules, and ability to register for classes.

Why is online a better way to go?
- No waiting in line!
- Do it all from the comfort of your home!
- You can even sign up for limited classes online (beginning at 10:00 am on January 2)
- You can automatically be added to the waitlist if a class is full, and receive an email if a spot opens up!
- You have equal access to limited classes without getting in line.
- You can link your class schedule to your electronic calendar.
- You are able to pull up a map to find the location of your class.

What if I just can’t do online?
We will be happy to help you. Come to NPZ Rooms 137 & 138 on January 2 from 10:00 am to Noon or come to the ICL office during business hours. We will input your information into the online registration platform for you. You will be able to pay by credit card, check or cash.

What about Parking Permits?
If you haven’t purchased a parking permit already, and you intend to park on campus and not on a public street, you will need to purchase a DSU parking permit at the Cashier’s office in the Holland building. (If you have a handicapped parking permit, you are allowed to park at any of the handicapped spots on campus without purchasing a permit.)

When can I sign up online?
You are able to complete your member registration and sign-up for classes with unlimited enrollment now! You will be able to sign up for classes with limited enrollment on January 2, at 10:00 am. You do not have to do this in-person.

So, how do I register online?
If you are a paid member:
1. Click on the REGISTRATION button on the ICL website: icl.dixie.edu
2. Browse and view classes you are interested in. Click “Register Now” for those classes you want to enroll in.
3. Login using your email address as your ID. Make sure you use the same email address you used when purchasing your ICL membership. Use the password sent to you via email. If you didn’t receive it, or it doesn’t recognize you, click the “Forgot Password” button.
4. Select from the list of classes. When you choose a class, click “Submit Registration” This will add the class to your cart, and you will then have the opportunity to:
   - Register another person for the same class;
   - Return to the class list to add more classes to your cart, or
   - Proceed to checkout
5. You’ll see a similar registration page for every class you add, but the system will remember
WELCOME TO ONLINE REGISTRATION!

your name and contact information so you don’t have to enter it each time.

6. Once you have all your classes in the cart, select “Proceed to Checkout.” You will not have to pay anything.

7. Finally, we recommend you go to the “My Account” tab and click “Edit” to update your password!

You’re all set! You’ll receive a confirmation email for each class you selected. You will also be notified if a spot becomes available in a class for which you are waitlisted.

If you are not a current paid member:

1. Click on the REGISTRATION button on the ICL website: icl.dixie.edu
2. Click on the BUY MEMBERSHIP button. Enter your membership information, contact information, etc. Create a password and select “Submit Registration”
3. This will add the “Membership Class” to your cart. You’ll then be able to proceed by either:
   · registering another person for the “ICL Membership”;
   · returning to the class list to add more classes to your cart, or
   · proceeding to checkout
4. You’ll see a similar registration page for every class you add, but the system will remember your name/contact info so you don’t have to enter it each time.
5. Once all the classes you want to attend are in your cart, select “Proceed to Checkout” and “Pay Online”
6. You’re all set! You’ll receive a confirmation email for each class you selected. You will also receive updates about any classes that are full and for which you joined the waitlist.

IN-PERSON REGISTRATION

We have scheduled registration support in the North Plaza Building, Rooms 137 & 138 from 10:00 am – Noon on January 2nd. We will also be happy to help you at the ICL office (658 E 200 S) during business hours (Monday – Thursday, 9:30 – 2:30), beginning January 3rd.

We will have volunteers available to help you register for classes, including limited classes. If you are not a paid member, we will help you complete your membership registration and will be prepared to accept cash, check or credit card. For Spring Semester only, the fee is $45.

MONTHLY BROWN BAG SOCIAL

Here is your chance to just socialize with fellow ICL members. Plus, a member of ICL leadership will join to answer questions and share information on exciting new programs you can look forward to in the future. Bring your own lunch to WEDU 107 on Tuesday January 8 for the first social, noon to 1:00 pm.

Other dates: 2/12, 3/12, 4/9.
NEW OFF-CAMPUS CLASS

Here is a new off-campus class:
Dry Pastels: More Fun than You Can Imagine!  Instructor: Phil Moulton

You’ve asked for more art classes and we listened! Phil is a long-time artist, framer and gallery owner, and is an exceptional art teacher. This class features: learning to use pastel pigments and Berol pencils, creating colorful expressions and dimensions and matting techniques. The class will be taught at the Arte Gallery, 415 S. Dixie Dr. on Thursdays from 2:00 – 3:00 pm.
FLEX YOUR BRAIN MUSCLES

Sudoku Puzzles

1  7  |  6  |  9  5  
3  5  1  2  |  9  2  |
3  6  4  3  |  9  2  |
9  1  7  3  6 |

2  6  3  7  2 |
8  5  4  2  1  8 |

2  |  6  |  4  7 |
9  7  |  2  3 |
3  1  8  9  5  6 |

3  6  5  8  4 |
9  8  2  1  7 |
1  7  9  5  6  4 |
2  5  4  1  5 |
3  6  |  5  |
JANUARY HIKES SCHEDULE

GOULD’S WASH CANYON IN HURRICANE (FROM TOP DOWN)
Thursday, January 3, 10:00 am
Leader: Tim O’Brien 920.445.1313
Moderate, 5.5 miles, 400 feet elevation change
Meet at North Plaza Parking Lot, west side of parking Lot (1000 E 100 S).

This hike is located east of Hurricane on Hwy 59 just across from Jem Trail turnoff.

We will start at the top & descend gradually into the canyon on a cow path (approx 150 ft) then several wash crossings down canyon, walking on sand and limestone, to waterfall at 2.5 miles. Look for embedded fossils.

We will enjoy lunch above the 200 feet pour-off, then return up canyon the way we came. (For those well-seasoned hikers, we scale the north cliff to walk the bike trail back.) Either way, it’s about 5.5 miles round trip. Mostly gradual unless you scale the cliff, which is a more abrupt incline.

Take only pictures. Leave the fossils for others to enjoy. Hiking shoes are required.

LA VERKIN CONFLUENCE
Sunday, January 13, 10:00 am
Leader: Frida 435.632.1552
Easy, social pace. Mostly level dirt path. 3-4 miles
Meet at BLM office (345 E Riverside Drive)

Confluence Park is a 344-acre natural park, managed by Washington County, Red Cliffs Desert Reserve office. It is uniquely located within the boundaries of Hurricane and La Verkin, where Ash Creek and La Verkin Creek meet the Virgin River. Confluence Park sits at the bottom of large basaltic lava cliffs, leaving it isolated and protected from development.

We will access the park from the trailhead in town that leads to the bottom of the canyon, allowing for an easy exploration and access to restrooms. We will visit 100 year-old historic sites, leaving time for exploration.

SPRING 2019 LECTURE SERIES

Thursdays 7:00 - 8:30 p.m.
Udvar-Hazy Building (UHB) 121
Open to the Public. Bring your friends!

<table>
<thead>
<tr>
<th>DATE</th>
<th>PRESENTER</th>
<th>SUBJECT</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 10</td>
<td>John Kolb, Owner, Wizard Stores, former vice president, Coca Cola</td>
<td>Life is a journey, NOT a Destination</td>
</tr>
<tr>
<td>January 17</td>
<td>John Rich, Owner, Jacob’s Lodge</td>
<td>A History of Incredible Navajo Weaving</td>
</tr>
<tr>
<td>January 24</td>
<td>Shadman Bashir, Professor, Director of International Student Services, DSU</td>
<td>Gods &amp; Conflicts</td>
</tr>
<tr>
<td>January 31</td>
<td>Lena Judee, Professional singer; Former Director of Native American Studies at Dixie State University</td>
<td>The Beauty of the Navajo Language</td>
</tr>
</tbody>
</table>
JANUARY HIKES SCHEDULE

BABYLON DINO TRACKS AND PETROGLYPHS
Thursday, January 17, 10:00 am
Leader Tim O’Brien 920.445.1313
Moderate 3 to 4 mile Hike, 500 to 800 feet of elevation gain
Meet at North Plaza Parking Lot. Drive time 30 minutes, Hiking time 3 to 4 hours including lunch break.

To access the trail will require high clearance vehicles. We will car-share, selecting the most appropriate vehicles at North Plaza and Babylon entrance road. Babylon trailhead accommodates about 6 vehicles. We will Caravan via I-15 to the Leeds exit, then on to Babylon Road.

We will first hike to dinosaur tracks, then take the East Reef Trail to two Petroglyph sites. Then we will continue about a mile to Little Purgatory Trail to enjoy its vistas and sculpted sandstone formations. A scramble up to a mine site is also an option enroute.

Bring sturdy hiking shoes, plenty of water and a lunch. Hiking poles are recommended for the numerous small stream “hop-overs”, and the short but steep dinosaur track incline. Dress in layers as that area can be windy even when it’s calm in St. George.

QUAIL CREEK RESERVOIR  SCOUT'S TRAIL & PETROGLYPHS
Friday January 25, 10:00 am
Leader Tim O’Brien 920.445.1313
Moderate, 3 to 4 miles, 600-800 feet of elevation gain.
Meet at North Plaza Building, west side of parking lot.

We will car-pool from North Plaza due to limited parking at trailhead. We will caravan to Quail Creek Reservoir Scout Hiking Trailhead. We will follow the trail east of the concrete dam and over the earthen dam, offering fantastic vistas of the lake and the Pine Valley Mountain. We will visit petroglyph sites along the way.

We may have a short but steep scramble up slick rock if I’m unable to get permission from the property owner for a shortcut, so bring hiking poles just in case. They will also help to visit the petroglyphs on rocky slopes. There are no exposure issues but the trails have a lot of black lava nubs that require your constant attention, so sturdy hiking shoes are highly recommended.

Dress in layers as that area can be windy even when it’s calm in St. George.

In case of inclement weather, call the hike leader to see if the hike has been cancelled.
One of ICL’s most popular activities is the Geology Field Trip – and it is back for a second year! We live in a geological wonderland where we can view the passage of millions of years in the geological stratifications of the canyons around us!

Mark your calendars now for our upcoming ICL Geology bus trip on May 21-22, 2019. We will be visiting Lafevre Overlook, Jacob’s Lake, the North Rim of the Grand Canyon (Point Imperial, Bright Angel Point, lodge & gift shop), Navajo Bridge, Glen Canyon Dam, hiking Horseshoe Bend in the Glen Canyon Recreation Area, the Grand Staircase-Escalante Visitor Center in Kanab and Pipe Springs National Monument.

Everything is included in the fees except for lunch the first day. This is what is included:

- Round-trip bus transportation from the DSU campus
- Park admissions
- Lodging
- Dinner, breakfast, and lunch in Page, Arizona
- A professional full-time guide: Janice Hayden of Dixie State University, expert on area geology.

Logistics

- The trip is limited to the first 44 ICL members who sign up.
- Registration will open at the end of Rick Miller’s first Geology class which is held on Thursday, January 10th from 3:00 – 3:50 pm. Doug Bowen will be available directly after the class for sign-up.
- Pricing
  - $175 per person for double occupancy
  - $160 per person for triple occupancy
  - $150 per person for quad occupancy
  - $245 per person for single occupancy

Our 2018 tour to Zion and Bryce filled up in a matter of hours, leaving many on a waiting list, so plan to act fast to secure your place.
<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>Time</th>
<th>Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td><strong>Tennis</strong></td>
<td>8:30-9:50 am</td>
<td>600 E 520 S</td>
<td>Mon. &amp; Wed.</td>
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<td></td>
<td><strong>Corn Hole Toss</strong></td>
<td>9:00-9:50 am</td>
<td>Gym 206 (N Balcony)</td>
<td></td>
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<tr>
<td></td>
<td><strong>Discovering the Tao Te Ching</strong></td>
<td>10:00-11:20 am</td>
<td>TLR 349</td>
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<td></td>
<td><strong>Table Tennis</strong></td>
<td>10:00-11:20 am</td>
<td>Gym 206 (N Balcony)</td>
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<tr>
<td></td>
<td><strong>Opera for One and All</strong></td>
<td>10:00-11:50 am</td>
<td>TLR 352</td>
<td></td>
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<tr>
<td></td>
<td><strong>Armijo’s Old Spanish Trail</strong></td>
<td>11:00-11:50 am</td>
<td>TLR 158</td>
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<tr>
<td></td>
<td><strong>Bicycle Maintenance Basic Skills</strong></td>
<td>10:00 am-12:00 pm</td>
<td>70 W. St George Blvd</td>
<td>4 sessions</td>
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<tr>
<td></td>
<td><strong>Globalization &amp; Diversity</strong></td>
<td>11:00 am-12:20 pm</td>
<td>UHB 230</td>
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<td></td>
<td><strong>Pickleball Practice</strong></td>
<td>11:00 am-12:20 pm</td>
<td>Gym 201: South Balcony</td>
<td>(Bring paddle)</td>
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<tr>
<td></td>
<td><strong>Russian History</strong></td>
<td>1:00-2:20 pm</td>
<td>TLR 349</td>
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<tr>
<td></td>
<td><strong>Piano 2B</strong></td>
<td>1:00-2:50 pm</td>
<td>PAB 111</td>
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<tr>
<td></td>
<td><strong>Spanish - Conversation</strong></td>
<td>1:30-2:50 pm</td>
<td>NPZ 137</td>
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<td></td>
<td><strong>Pickleball - Beginners</strong></td>
<td>2:00-2:50 pm</td>
<td>V Worthen Park</td>
<td>Bring paddle and ball; 1/14</td>
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<tr>
<td></td>
<td><strong>Bicycle Maintenance Intermediate</strong></td>
<td>2:00-4:00 pm</td>
<td>70 W. St George Blvd</td>
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<tr>
<td></td>
<td><strong>Watercolor Basics</strong></td>
<td>2:00-4:50 pm</td>
<td>NPZ 138</td>
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<tr>
<td></td>
<td><strong>History of Washington County</strong></td>
<td>3:00-3:50 pm</td>
<td>BROWN/DUNFORD</td>
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<td><strong>Tapping</strong></td>
<td>2:00 - 2:50 pm</td>
<td>TLR 150</td>
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<td><strong>Globalization &amp; Diversity</strong></td>
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**SKIING AT BRIAN HEAD**

Tuesdays, Beginning Jan. 8th  
Time: 8:00 am to 4:00 pm  
Meet at North Plaza parking lot (100 S 1000 E) and carpool  
$30 all-day pass. If you ride, please pay the driver $10 as a courtesy. Lunch and activities. Call Pam Karakas 435-703-0404 for more information.
**WEDNESDAY**

**Tennis**
8:30-9:50 am  600 E 520 S
Mon. & Wed.

**Civil War**
9:00-10:50 am  TLR 349
1/9 Vicksburg: Grant’s Advance
1/23: Gettysburg: Invasion, Day 1

**Better Balance with the Feldenkrais Method**
10:00-10:50 am  WEDU 126

**Table Tennis - Intermediate**
10:00-11:30 am  Gym 206 N balcony

**Lawn Bowling**
10:30 am-12:00 pm  St George Rec Ctr
(6 sessions)

**Traveling the World**
11:30 am-12:50 pm  TLR 158
1/16: France and Spain
1/30: Italy

**Discovering Live Local Theatre**
1:00-1:50 pm  UHB 219

**Physics & World Around Us**
1:00-1:50 pm  WEDU 107

**Piano 2-3**
1:00-2:50 pm  PAB 111

**Drawing - Colored Pencils**
1:30-3:50 pm  NPZ 138

**Spanish - Advanced**
1:30-2:50 pm  NPZ 137

**Table Tennis - Intermediate**
10:00-11:30 am  Gym 206 N balcony

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**Piano 2-3**
1:00-2:50 pm  PAB 111

**Drawing - Colored Pencils**
1:30-3:50 pm  NPZ 138

**Spanish - Advanced**
1:30-2:50 pm  NPZ 137

**History of Christianity: First 500 Years**
2:00-3:20 pm  TLR 158

**Estate Planning**
3:00-3:50 pm  WEDU 107
5 Sessions: 1/16 & 1/30

**Music Appreciation**
3:00-3:50 pm  UHB 120

**Tax, Finance & Investments**
3:00-3:50 pm  WEDU 107
1/9 & 1/23

**The Vietnam War**
3:00-4:20 pm  BROWN/DUNFORD

**How to Retire Legally**
4:00-5:50 pm  NPZ 137
2 sessions 1/9 & 1/23

**The Healing Power of Plant Foods**
6:00-7:20 pm  Jennings Kitchen
1/23

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**THURSDAY**

**Somatic Yoga 2**
9:30-10:50 am  WEDU 126

**Love One Another**
10:00-11:20 am  TLR 352

**Tai Chi**
11:00-11:50 am  WEDU 126

**Digital Photography**
1:00-1:50 pm  HCC 471

**Native American Plant Uses**
1:00-1:50 pm  BROWN/DUNFORD

**Native American Flute - Beginning**
1:00-2:20 pm  PAB 124

**Poetry Appreciation & Exploration**
1:00-2:20 pm  UHB 148

**The Ten Commandments & All 613 of Jewish Laws**
1:00-2:20 pm  SCI 113

**Wood Burning Art**
1:00-2:20 pm  SCI 116

**Evolution & Culture Effect on Behavior: Why We Do What We Do**
2:00-2:50 pm  BROWN/DUNFORD

**Tapping Advanced 2.0**
1:00-2:00 pm  TLR 158
Must have taken Tapping

**Dry Pastels: More Fun Than You can Imagine**
2:00-3:00 pm  Arte Gallery, 415 S. Dixie Dr

**Native American Flute: Intermediate**
2:30-3:50 pm  PAB 124

**Android Smart Phone Basics**
3:00-3:50 pm  NPZ 137
5 Sessions

**Geology**
3:00-3:50 pm  BROWN Dunford

**Ballroom Social Dance**
3:30-4:50 pm  WEDU 126

**Flamenco Dance Beginning**
5:00-6:20 pm  WEDU 126

**Reverse Mortgages**
5:30-7:00 pm  UHB 105
1/1

**Flamenco Dance Intermediate**
6:30-7:50 pm  WEDU 126

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**FRIDAY**

**Compassionate Communication**
10:00-11:20 am  UHB 105

**Introduction to Personal Computers**
10:00-11:50 am  UHB 149

**Basic Word & Beyond**
12:30-1:20 pm  UHB 149
Starts 1/18

**Knitting & Crocheting - Beginning**
1:00-2:30 pm  WEDU 136

**Knitting & Crocheting - Intermediate**
2:30-3:50 pm  WEDU 136

**Journey of the Hero**
3:00-4:50 pm  SCI 137
ICL PURPOSE
To provide a community of study and learning within the college community wherein retired and semi-retired persons desiring to continue their intellectual pursuits and activities and participate in college courses and special events may have the opportunity to do so at minimal cost and in accordance with their special needs and interests.

ICL Executive Officers
President: David Zundel
Vice President: Doug Bowen
Treasurer: Dean Barker
Director: Rob Kramer
Office Manager: Julie Noggles
DSU Representative: Dr. Nancy Hauck, Associate Provost

Office Hours
The ICL office will open January 3, 2019
Hours: 9:30 am – 2:30 pm
Monday Through Thursday
Office Phone: 435.652.7670

Learn more at: https://icl.dixie.edu/