

Alphabetic Class Listing	Location	Day(s)	Dates	Time	Instructor	Details
Amazing Religious Figures from History	WEDU 144	Thursday	9/12	2:00-3:30p	Dean Marriott	10/10,11/14,12/4
Anti-Semitism, Racism and the Holocaust	SCI 115	Thursday	Weekly	11:00-12:20p	Rabbi Helene Ainsbinder	
Archaeology-Intro to the Southwest	HAZY 121	Monday	Weekly	2:30-3:50p	Diana Hawks	10/7/19 – 12/12/19
Artisan No-Knead Bread	JEN Kitchen	Wednesday	9/11	10:00-11:50a	Mick Batt	10/9 & 11/13
Backgammon Anyone?	NPLAZA 137	Friday	Weekly	2:00-3:20p	Frida Audele	Bring game board if you have one. Some will be provided.
Baking Yeast Bread	JEN Kitchen	Wednesday	11-6, 11-20, 12-4	10-12:00p	Sandy Paige	3 sessions only
Ballroom Dance	WEDU 126	Wednesday	Weekly	3:00-3:50p	Carole Berg	
Basic Word and More	HAZY 149	Friday	Weekly	1:00-2:50p	Salli Brackett	5 sessions thru 10/11/19
Between Gender and Aging	NPLAZA 138	Thursday	Weekly	1:30-2:20p	Nancy Hauck	
Bicycle Maintenance Basic	Bicycle Collective, 70 W. St. George Blvd.	Monday	Weekly	10:00 – 12:00	Bill Vincent	Starts 10/7 Book is optional.
Bicycle Maintenance Intermediate	Bicycle Collective, 70 W. St. George Blvd.	Monday	Weekly	2:00 – 4:00	Bud Flowers/Ray Olson	10/7 – 11/25 Book is optional.
Botany Field Trip: Whipple Trail 9/24 - Browse, Whipple Trail	Meet at North Plaza Parking Lot	Monday	9/24	9:00 am – 3:00 pm	Lee Hughes	High clearance vehicle. Bring lunch, water
Civil War - The Middle Months 9/11: Overview of Civil War & Review 9/25: Mine Run & Red River Campaign	TAYLOR 339	Wednesday	9/11, 9/25	10:00-11:50a	Bob Echols	2 nd & 4 th Wed.
Community Connection	HCC 477	Friday	Weekly	1:00-1:50p	Dave Bartosiewicz	Meet & make new friends! Find people with common interests
Cornhole Toss	SAC gym 206	Monday	Weekly	9:00-9:50a	Cindy Gilmore	
Digital Photography	HAZY 204	Thursday	Weekly	4:00-4:50p	D. L. Ashliman	
Discovering Inner Peace	SNOW 150	Thursday	Weekly	2:30-3:50p	Luigi Persichetti	
Discovering Live Local Theater	Black Box Theater	Wednesday	Weekly	1:00-1:50p	Carl Rich	
Discovering the Tao Te Ching	TAYLOR 349	Monday	Weekly	11:00-12:20	Cynthia Holman-Schmidt	Moves to Room 339 on 9/23 only
DNA & Ancestral Research	HAZY 137	Tuesday	9/24 & 10/1	6:00 – 8:00 p	John Harrison	2 sessions
Drawing - Beginners Art (Graphite)	NPLAZA 138	Wednesday	Weekly	1:30-3:20p	Brenda Rusnell	
Edgar Allan Poe: His Life & Writings	HAZY 230	Tuesday	Weekly	2:00-2:50	Nancy Kramer	
Einstein's Life and Science	SNOW 208	Friday	Weekly	12:00-12:50p	Andrew Christensen	No Class 9-27-19
Estate Planning	HAZY 120	Wednesday	9/18	3:00-3:50p	Michael Dunn	1 st & 3 rd Wed. (5 sessions)
Favorite Books – 9/12: Book Nomination & Selection 9/19: Review the summer read: <i>The Girl Who Wrote in Silk</i> , by Kelli Estes	TAYLOR 158	Thursday	9/12, 9/19, 10/10, 11/14	2:15-3:50	Ann Broadbent/Jan Cramer	
Flamenco Dance Level I - Beginning	WEDU 127	Thursday	Weekly	5:00-6:15p	Pamella Asquith	
Flamenco Dance Level II - Intermediate	WEDU 127	Thursday	Weekly	6:30-8:00p	Pamella Asquith	
Folklore & Mythology	HAZY 204	Tuesday	Weekly	4:00-4:50p	D. L. Ashliman	
Food Fads: 100 Year of Crazy Culinary History	JEN Kitchen	Wed/Fri.	9/25 & 9/27	11:00-12:30p	Saimi Bergmann	2 days only
French - Conversational	TAYLOR 150	Thursday	Weekly	10:00-11:20a	Chris Fee	Prerequisite: 1 year of French
From Street Fairs to World Class Museums	HAZY 220	Wednesday	Weekly	2:30-3:20p	Kim Blackman	
Globalization and Diversity	HAZY 121	Friday	Weekly	10:00-11:50a	Robert Ford	
Golf Swing Fundamentals, 18 Hole Miniature Golf Tournament	170 E. 350 N., Ivins, UT	Tues or Thurs	3 consecutive weeks	7:00-8:00p	Philip Moulton	Sign up for just one class on Tues. or Thurs.
Health for Men & the Women Who Love Them	HAZY 218	Wednesday	Weekly	1:00-1:50p	Warren Stucki	10 Sessions thru 11/13/19
Hiking		Saturday	9/14, 9/21 & 9/28	9:00 am	Frida Audele	See newsletter articles for details.
History and Principles of the Baha'i Faith	TAYLOR 349	Wednesday	Weekly	11:00-12pm	Laura Lee Fairchild	

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History of Utah	BROWN/Dunford	Monday	Weekly	3:00-3:50p	Doug Alder	
How to be a Museum Docent	Cosmopolitan next to Silver Reef Museum	Saturday	9-21-19	10-12:00p	Alan Cohn	Single session – You can become a docent at the museum!
How to Fully Live Your Retirement Years	INNOV 110	Wednesday	Weekly	11:00-12:50p	Eva Fry	8 sessions thru 10/30/19
Introduction to PCs	HAZY 149	Friday	Weekly	10:00-11:50a	Salli Brackett	8 sessions thru 11/8/19
Knitting & Crocheting - Beginning	WEDU 107	Friday	Weekly	1:00-2:30p	Vera Thomas	Bring paper & pencil for notes
Knitting & Crocheting - Intermediate	WEDU 107	Friday	Weekly	2:30-3:50p	Vera Thomas	Bring paper & pencil for notes
Kundalini Yoga and Meditation	HPC 354	Tuesday	Weekly	7:00-8:30p	Lisa Stearns	Bring mat
Latin I (Latin is Fun: Really!)	NPLAZA 138	Tuesday	Weekly	1:30-2:50p	Ann Till	Starts 9/17/19
Latin II	NPLAZA 138	Tuesday	Weekly	3:00-4:20p	Ann Till	Prerequisite: Latin I. Starts 9/17/19
Live! How to Live a Long & Healthy Life	BROWN/Dunford	Wednesday	Weekly	3:00-3:50p	Rob Kramer	
Love One Another	TAYLOR 352	Thursday	Weekly	10:00-11:20a	Cook, Schmidt, Alldredge	
Mindset of Happiness & Joy	HAZY 204	Friday	Weekly	3:00-4:20p	Derek Applegate	
Music Appreciation	HAZY 218	Wednesday	Weekly	3:00-3:50p	Patricia Ashliman	
Native American Flute - Beginning	SNOW 208	Thursday	Weekly	1:00-2:20p	Bob Rhees	
Native American Flute - Intermediate	SNOW 208	Thursday	Weekly	2:30-3:50p	Bob Rhees	
Native American History	HAZY 204	Monday	Weekly	11:00-11:50a	Daniel Slaugh	
Norse-Viking History	SCI 115	Thursday	Weekly	10:00-10:50a	David Farnsworth	
Opera for One and All 9/23 – Who is Pavarotti's Successor	TAYLOR 349	Monday	Weekly 9/23	1:00-2:50p	Allen Jacobi	Only one class in September
Physics and the World Around Us	WEDU 107	Wednesday	Weekly	1:00-1:50p	Brock Morris	
Piano 2-3	Cox 221	Wednesday	Weekly	1:00-2:50p	Shirts	\$10 fee and Book required (Adult Piano Adventures All-In-One Lesson Book #2)
Pickleball – Beginners	V Worthen Park	Wed	Twice per month	9:00-10:00a	Frank Feltner	2 nd & 4 th Bring paddle and ball
Pickleball – Lessons	V Worthen Park	Monday	Weekly	2:00-2:50p	Jim Swayden	\$5 fee for balls; bring paddle
Pickleball Practice: New to the Game	SAC (Gym) 201	Tuesday	Weekly	9:30-10:50a	Shirts / Lusby	South Balcony. Bring paddle
Pickleball Practice: Continuing the Game	SAC (Gym) 201	Monday	Weekly	1:00-2:20p	Lusby/Shirts	South Balcony. Bring paddle
Plant Science: Nature & Human Connection	NPLAZA 138	Thursday	9/12 & 9/26	2:30-3:50p	Tony McCammon	Twice per month
Poetry Appreciation & Exploration 9/19 – Introduction (value & types of poetry, what to look for in poems, examples of good poetry)	WEDU144	Thursday	9/19/19	2:00-3:00p	Bowen/Hazen	Twice per month
Quilting, How to Begin	TAYLOR 339	Tuesday	Weekly	10:00-10:50a	Kimberly Fee	
Quilting 9-patch	TAYLOR 339	Tuesday	Weekly	11:00-12:20p	Kimberly Fee	\$25.00 Fee
Radio: Evolution from "The Shadow" to Shock Jocks	WEDU 135	Wednesday	Weekly	10:00-11:20a	Mark Bergmann	5 sessions thru 10/30/19
Reptiles & Amphibians of St. George	SCI 137	Wednesday	Weekly	12:00-12:50p	Greg Brim	8 sessions (Includes field trips) thru 10/30/19
Retiring Pain Free	TAYLOR 339	Tuesday	Weekly	1:00-1:50	Luigi Persichetti	
Reverse Mortgage	HAZY 105	Thursday	9/26 & 11/14	5:00-6:30p	Nanette Glauser	Single session (11/14 is a repeat)
Somatic Yoga	WEDU 126	Tue. & Thurs.	Weekly	9:30-10:50a	Sondra Fraleigh	

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Spanish - Advanced	HAZY 230	Wednesday	Weekly	2:00-3:30p	Germana Chuba	Prerequisites: Spanish Intermediate and basic Spanish speaking skills.
Spanish – Beginning	SNOW 230	Tuesday	Weekly	1:00-1:50p	Emily Kozierowski	
Spanish – Intermediate & Conversational	SNOW 208	Tuesday	Weekly	2:00-2:50p	Mercadillo-Wasden	Prerequisite: Spanish -- Beginning
Storytelling-Building Lifelong Connections	HAZY 220	Mon & Wed	9/30,10/2,10/7,10/9	6:00-8:00p	Carol Esterreicher	4 classes over 2 weeks
Surprising Sides for Thanksgiving	JEN Kitchen	Wednesday	10/30/19	10:30-12:20p	Saimi Bergmann	Single session
Table Tennis: Intermediate, Novices	SAC (Gym) 206	Monday	Weekly	10:00-11:20a	Larry Puskas	
Table Tennis Wed - Intermediate	SAC (Gym) 206	Tuesday	Weekly	10:00-11:20a	Peterson/Reid	
Tax, Finance & Investments	HAZY 120	Wednesday	9/11 & 9/25	3:00-3:50p	Dustin Woodbury	2 nd & 4 th Wed. 5 Sessions
Tennis	DSU Courts	Mon, Wed	Twice weekly	8:00-9:50a	Garth Allen	
The Quest for Shangri-La, The Two-Thousand Years of Fighting for Peace	BROWN/Dunford	Tuesday	9-10, 9-17, 9-24	1:00-2:20p	Shadman Bashir	3 weeks
The Healing Power of Plant Food	JEN Kitchen	Wednesday	9/11 & 11/13	6:00-7:30	April Ashcroft	2 sessions only. \$3-5 fee (estimated)
Thriving in the Plant World of the Ancient Americas	HAZY 121	Monday	Weekly	1:00-2:20p	Feather Robinson	8 weeks thru 10/28/19
Traveling the World 9/19: Travel Tips	SCI 115	Thursday	9/19	1:00-2:20p	Gary Sorensen	1 st , 3 rd & 5 th
Wine for the Novice	NPLAZA 138	Monday	Weekly	6:30-8:00p	Douglas Hamilton	8 Sessions thru 10/28/19. \$36 fee for wine tasting.
Wood Burning Art	SCI 116	Thursday	Weekly	3:00-4:30p	Emery (Slim) Jones	
Barbara Tuchman World War I History 9/11 – Introduction to Barbara Tuchman 9/18 – The Zimmermann Telegram Part I (Why the US declared war on Germany)	HAZY 121	Wednesday	Weekly	1:00-1:50p	Doug Bowen	
Writing Your Life Story	HAZY 204	Thursday	Weekly	3:00-3:50p	Marilyn Richardson	8 Sessions
Yahweh Yoga for Seniors	WEDU 127	Mon.	Weekly	10:00-11:30a	Pam Karakas	Starts Oct. 21